



RESPONDING TO INCIDENTS INVOLVING INJURY OR ILLNESS POLICY

In circumstances where a Darwin Netball Association (DNA) community member has sustained an injury or an illness **whilst at the Netball NT's Sitzler Netball Centre facility during a DNA organised/run event/competition**, a DNA nominated First Aid Officer should assume control. If no DNA nominated First Aid Officers are present, the most senior DNA Management Team member on site assumes control.

If the injury or illness requires emergency medical attention, follow the steps below:

1. Conduct a primary survey to ensure the area is safe.
2. Help the injured or unwell person and prioritise their immediate needs. Do not move an injured or unwell person unless they are exposed to a life-threatening situation.
3. Call 000 and request an ambulance.
4. Notify DNA Office
5. Remain with the injured or unwell person and administer first aid until assistance arrives.
6. Follow the instructions of relevant Emergency Services personnel or nominated First Aid personnel.
7. Follow the DRS ABCD of first aid: ·
Danger · Response · Send for help after response ·
Airway · Breathing · CPR (Start CPR, 30 chest compressions to 2 rescue breaths) ·
Defibrillation Contact NNT in their office.

If the injury or illness requires prompt (but non-emergency) medical attention, follow the steps below:

1. Conduct a primary survey to ensure the area is safe.
2. Help the injured or unwell person and prioritise their immediate needs.
3. If the injured or unwell person is conscious, but you're unsure if they require an ambulance, call 000 for advice.
4. Notify DNA Office
5. Consult with the injured or unwell person to determine the appropriate course of action.

When consulting with the injured or unwell person, consider factors which may impair the injured or unwell person's judgment. These may include: ·

- Disorientation, confusion, embarrassment, the injury, or a medical condition. ·
- Immaturity of judgment (i.e. children), ·
- Potential side effects of pharmaceuticals, or ·
- The influence of alcohol or drugs.

If impaired capacity for sound judgement is suspected and the injured or unwell person refuses to follow the recommended course of action, take all reasonable steps to protect the injured or unwell person and others against the possible consequences of their actions.



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When consulting with the injured or unwell person, consider the following (listed broadly in increasing order of severity):

1. Make the injured or unwell person comfortable and allow them to rest
2. Allow the injured or unwell person to self-administer treatment if they suffer a diagnosed condition and carry appropriate medication
3. Contact next-of-kin or legal guardian
4. Advise the injured or unwell person they should seek examination by a medical practitioner
5. Provide first aid treatment
6. Transport injured or unwell person to an appropriate medical service for prompt (but non-emergency) attention or
7. Call an ambulance.

If the nominated First Aid Officer or Senior DNA Member believes an injured or unwell person needs to be transported to a facility for prompt attention and a next-of-kin or legal guardian cannot be contacted, you may organise transport according to the circumstances. This may involve calling an ambulance or assigning a DNA member to transport the injured or unwell person to an appropriate facility. An injured or unwell person requiring prompt medical treatment should not drive their own vehicle. Under circumstances where a DNA member has been assigned to transport the injured or unwell person, it is recommended that a DNA nominated First Aid Officer (if possible) should accompany them and the driver to monitor the injured or unwell person's condition and provide assistance if required.

Post incident - all people involved in the incident are to complete a DNA Incident Form or DNA Injury Incident form (links below) as a matter of urgency which is to be provided to the DNA office in hard copy format or via email at darwin.netball@gmail.com .

<https://www.darwin-netball.com/wp-content/uploads/2020/02/DNA-Incident-Form.pdf>

<https://www.darwin-netball.com/wp-content/uploads/2020/02/DNA-Injury-Incident-Form.pdf>